

# TAKE YOUR **MALARIA** **PILLS**



before, during & after **deployment**



## PROTECT YOURSELF & PREVENT MALARIA



Wear a factory-treated Army Combat Uniform (ACU Permethrin).\*



Apply DEET or Picaridin repellent to all exposed skin.



Properly wear your uniform.



Use a permethrin-treated bed net.



Take your malaria pills before, during and after your deployment.

## DOD INSECT REPELLENT SYSTEM

\*The Army Physical Fitness Uniform (APFU) is not treated with permethrin. It **does not protect** Soldiers from insects.

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**Malaria is a potentially life-threatening disease** caused by parasites that are transmitted to people through mosquito bites.



**Many malaria pills are taken daily.** Take your malaria pills as directed by your healthcare provider.



**Take your malaria pills before, during and after your deployment** to kill all of the parasites in your body.



**The DOD Insect Repellent System is a proven method** to protect Soldiers from insects. *(see other side)*

**FACT**

Unless you **finish all of your pills** after you return home, you may get sick months or days later.

